

Informed Consent

Marissa Cano, MS, NCC, LPC Registered Intern

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Treatment Philosophy and Approach

I believe that we can attain our goals when we are supported and validated. Through looking into our past and present experiences we can find out how to achieve the futures we want. I offer support in behavioral and emotional change through research-based treatment. I approach therapy from a trauma informed and developmental approach. I meet you where you are at, and offer support in a compassionate, safe, and intentional manner.

Identities are foundational to who we are and how we operate in the world. I take a multicultural counseling approach which creates a framework for discussing identities. I create a space where you can explore your identities and how they affect your current wellbeing. Encouragement, validation, and warmth will be provided during these critical conversations.

Formal Training and Education

I attended Portland State University where I received a Master of Science degree in Clinical Mental Health Counseling. Major coursework included: multicultural counseling, family systems theory, cognitive behavioral therapy, and trauma informed care. I am trained in EMDR and utilize CBT, ACT, and motivational interviewing. I have received extensive experience with children, teens, and adults in outpatient and partial hospitalization settings. I have years of experience working with people of various genders, sexualities, race, culture, sizes, and ability status.

As a registered intern, I abide by the Code of Ethics for counselors and therapists adopted by the Board of Licensed Professional Counselors and Therapists. I am under the clinical supervision of Sarah Dobey LPC, which I am happy to explain.

Fees

My fee is \$155 for a 50 minute session. I am in-network with Providence insurance. There may be a copay for billed Providence sessions, which will be determined by your insurance plan. I am able to submit for a single case agreement with OHP Healthshare insurance for in-network coverage. If approved there will be no fees associated with OHP Healthshare covered sessions.

Client Rights

As a client of an Oregon registered intern, you have the following rights:

- To expect that a licensee has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me;
- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

Patient Signature

Printed Name

Date

Parent/Guardian Signature (if under 18)

Printed Name

Date

You may contact the Board of Licensed Professional Counselors and Therapists at:

Board of Counselors and Therapists

3218 Pringle Rd SE, #120, Salem, OR 97302-6312

Telephone: (503) 378-5499

Email: lpct.board@state.or.us Website: www.oregon.gov/OBLPCT

For additional information about this intern, consult the board's website.

